



**STEINER EDUCATION SEMINAR
FOUNDATION COURSE 2018-19**

**Over 25 Saturdays
For Parents, Prospective Teachers & Steiner Seekers**

www.kingdomofchildhood.com

Who can do this course?

For PARENTS who have chosen or are considering a holistic and developmentally appropriate education for their children.

For TEACHERS in any classroom, following a Waldorf or non-Waldorf curriculum, this seminar brings a better understanding of the growing human being and enhances your capacity to meet the needs of the child in an age-appropriate way.

For VOLUNTEERS/COLLEGE STUDENTS, this may just be the start of an inspiring journey to explore teaching as a potential occupation. It is open to participants above 21 years of age. A reasonable knowledge of English will be helpful.

What is required of participants for certification?

Participants are required to produce their minimum qualifications and a latest photograph.

Participants are required to write a short essay about themselves and their reason for doing this course.

Punctuality & Attendance are an absolute must. Participants must have minimum 110/125 learning hours of attendance to be eligible for certification.

Participants must produce

- a main lesson book based on the faculty lectures
- a summary of text studies
- completion of homeworks every week
- art and handwork projects
- 1-2 observations of Steiner classrooms, kindergartens or curative classrooms, anywhere in India
- An year end written exam
- A final project report on any one chosen area of research and training.

If participants do not want to do the full one-year course but only selected blocks, it's also possible, but only if they have done Block-1.

All reading materials will be provided in the training kit.



09.30 am - Morning Circle

Singing, bean bag exercises, movement exercises

10.00 am - Main Lesson

- 1) The 4-fold human being helps in defining the human being in a holistic way recognizing not just the current body-mind theory but as a being of physical matter, life processes, emotions of sympathy and antipathy and the consciousness of human individuality.
- 2) The 7-year periods literally draws out a map of childhood providing a foundation for Waldorf Education and a genuine Art of Parenting.
- 3) The 3-Hs of Waldorf helps design classroom teaching through the Hands, Heart and Head approach, awakening the soul faculties of Willing, Feeling and Thinking.
- 4) The 4 temperaments is an apt guide to understand why children behave differently given the same environment and how one can address individual needs within common lesson plan.
- 5) The 12 senses helps us understand what kind of sensory impressions in childhood affect us even as we grow into adults.

1.00 pm - Lunch**2.00 pm - Text Study**

"The Education of the Child in the Light of Spiritual Science" by Dr.Rudolf Steiner unfolds the 4-fold nature of a human being in depth and forms the basis of designing an educational program for the first 21 years of human life, providing intricate and thought-provoking examples of practical classroom life.

3.00 pm - Homework

- 1) Observe sand or a stone to make clinical observations of what you see in terms of size, shape, colour, design, smell, texture, etc. Also observe a plant or part of a plant. Observe an animal of your choice.
- 2) Write about your childhood memories in each of the first 7 year periods including your very first memory of life.
- 3) Plan for a classroom lesson on any theme for any class using a 3-fold teaching approach.
- 4) Observe your own temperament and of your child and state your reasons or situations for your conclusions.
- 5) List out various sensory impressions that could nurture the senses in a nourishing / damaging way.

09.30 am - Morning Circle

Kindergarten songs, morning plays and finger games

10.00 am - Main Lesson

1) Creating an apt Waldorf KG environment using the right sensory impressions, the role of the teacher as a model of imitation, the natural materials in rich textures and hues that provide opportunity for multi-sensory learning.

2) Play as the central feature of a Waldorf KG. The motto here is "Play is Work and Work is Play in the life of a KG child. Indoor Play, Outdoor Play, Nature Walks, Free Play, Organised Play, Imaginative Play and Social Play – foster good health, practical life skills and social competence.

3) Rhythms as a key to health and healing. The breathing in and breathing out rhythm of a Waldorf KG through the daily, weekly, monthly and annual cycles create in children a sense of security, apart from building their habit body.

4) How to write a Morning Play? How to tell a healing story? This day will take us through the magical inside secrets of a Waldorf KG.

1.00 pm - Lunch

2.00 pm - Text Study

"Beyond the Rainbow Bridge" by Barbara Patterson is an ideal starter for new parents of KG children and gives an overview on Waldorf Early Childhood Care and Education.

3.00 pm - Homework

- 1) List out varieties of materials that one could collect to add in a Waldorf KG.
- 2) Observe the play of a KG child and describe the play in your own words.
- 3) Plan a daily rhythm for a group of kindergarteners aged 5-6 years.
- 4) Present 2 KG songs and 2 KG games



09.30 am - Crafts

- 1) Knitting project
- 2) Crochet project
- 3) Doll making

12.00 pm - Lunch**1.00 pm - Arts**

- 1) The theory of colours as emphasized by Steiner.
- 2) The methodical schooling of perception and feeling with Art as the tool in meeting the consciousness of children below the age of puberty.
- 3) Wet-on-Wet painting exercises based on the Waldorf Curriculum.



09.30 am - Morning Circle

Movement and Singing in the Grades

10.00 am - Main Lesson

- 1) Introduction to Grade 1 Curriculum
- 2) Introduction to Grade 2 Curriculum
- 3) Introduction to Grade 3 Curriculum
- 4) Introduction to Grade 4 Curriculum
- 5) Introduction to Grade 5 Curriculum

1.00 pm - Lunch**2.00 pm - Text Study**

Practical Advice to Teachers – Chapter 4 and 5 delineates in quite a great detail, Steiner's description of the first day in the life of school of the 7 year old, the creative ways of bringing alive the consonants and vowels in the classroom and the importance of the teacher's authority in the 8 year long journey.

3.00 pm

Games Curriculum for Grades 1 - 5

Homework

- 1) Make an artwork using wax crayons out of a fairy tale scene.
- 2) Make a black-board drawing of an animal fable.
- 3) Create a wet-on-wet painting of the theme "God Created Day & Night."
- 4) Draw some knotted forms from a Form Drawing lessons.
- 5) Pick 1 archetypal story relating to the ancient civilisations of the world.



09.30 am - Morning Circle

Singing and Movement

10.00 am - Main Lesson

- 1) The different conditions identified as polarities in the art of Curative Education.
- 2) Diagnostic tools made available to curative educators based on Steiner's indications.
- 3) Remedial measures and external therapies in Curative Healing.

1.00 pm - Lunch

2.00 pm - Text Study

Curative Education by Karl Konig brings us into the life mission of children in need of soul care, the diagnosis of human nature and the role of the curative educator.

3.00 pm - Homework

- 1) Observe a special needs child and note down his most obvious abilities and challenges.
- 2) Observe a special needs adult, interview his parents and make a biographical study of his birth, schooling, talents, challenges, future destiny, etc.
- 3) Bring out the difference between Autism and Down's Syndrome.



BLOCK SIX Introduction to Human Biography

Rs.5000/- 5 days | 25 working hours | Manivannan Ganapathy

09.30 am - Morning Circle

Singing and Movement

10.00 am - Main Lesson

- 1) 0-21 years; Biological Development – the bodily phase of a human being
- 2) 21-42 years; Psychological Development – the soul phase of a human being
- 3) 42-63 years; Biographical Development – The spiritual phase of a human being
- 4-5) Biographical Nodes; Artistic Representation of Life; Biographical Analysis.

1.00 pm - Lunch

2.00 pm - Text Study

“Phases of Human Development” by Bernard Lievegoed brings out the common crisis points in individual biographies.

3.00 pm - Homework

- 1) Map the most important incidents of your life between 0-7.
- 2) Map the most important incidents of your life between 7-14.
- 3) Map the most important incidents of your life between 14-21.
- 4) Map the most important incidents of your life between 21-28.
- 5) Map the most important incidents of your life between 28-35.

(There will be 2 more extra days for closure: Completion of all requirements, discussion of project reports on one day and final exam on another day. There will also be 1-2 guest lectures on medicine, farming or other Steiner initiatives as and when the opportunity arises)

Each Block will cost differently as mentioned above. If participants enroll for the whole year's program beforehand, the course fee will be at Rs.25000.

Ideas presented in this brochure are subject to change based on the faculties availability.

MARTYN RAWSON



Martyn Rawson currently works at the School of Education, University of Plymouth and at the Waldorllehrerseminar Kiel. Martyn does research in curriculum development in Steiner/Waldorf education, teacher learning and learning and development in secondary students and in the integration of young persons with disabilities. He uses social practice theory and Gadamerian approaches to qualitative illuminative practitioner research. Martyn has been visiting India and giving guest lectures and mentoring Waldorf teachers for a few years now. He is the author of the books. "The Educational tasks and contents of the Steiner Waldorf Curriculum", " Towards Creative Teaching" and Educational Quality Development – a guide for a Waldorf teacher's self-assessment. He has graciously agreed to mentor this current seminar and lends his blessings to all of us.

FACULTY Who will deliver this course?

G.MANIVANNAN



This course will be co-ordinated and presented by Manivannan Ganapathy, the founder trustee of the Heart and Soul Foundation. He has been working with children with special needs for the last 30 years. He met Steiner Education in 2003 when he was homeschooling his own children. He did the 3 year course in The Art of Curative Education and Socio-Therapy from the Friends of Camphill India and continued to explore Steiner through the Khandala, IPMT, Humanising Education workshops. He later did a 5 year course in Self Work and Understanding Human Biography. He visited several KGs and schools in Hyderabad and Mumbai, Holland and Switzerland to learn practical ways of the classroom. He started the Kingdom of Childhood KG in 2007, Kalpataru Curative School in 2010, Upanishad Grade School in 2018 and started giving Steiner Introduction workshops to prospective parents and teachers which are now conducted across many Indian cities. He is currently looking for land to bring all his projects under one roof along with his long-time dream of starting a Steiner Camphill Community.

www.kingdomofchildhood.com; www.heartnsoulfoundation.org

ABAN BANA



Aban Bana is a trained Waldorf teacher and Eurythmist. She is the founder of “Anthroposophical Initiatives in India”, along with her sister, Dil Nawaz Bana who is also a curative Eurythmist. She has a diploma in Steiner Education and Eutythmy from the Goetheanum, Dornach. She travels to promote Anthroposophy in India and South Asia. She writes articles and gives talks on subjects related to Anthroposophy and Waldorf Education. She met Anthroposophy almost 40 years ago and has traveled widely to many parts of the world.

She worked as a teacher in the Basel Steiner School in Switzerland and in London, during the early part of her career and later went on to help in bringing Waldorf Education to India, in the nineties. She has organized the annual Khandala Conference for over 20 years now, inspiring thousands of teachers and parents to take up Waldorf Education as their life path.

www.anthroposophicalinitiativesinindia.com

GOWRI SAMPATHKUMAR



She is an engineering graduate in Electronics and Instrumentation. A mother of 2 children, her destiny brought her into the Kingdom Of Childhood as a volunteer. She was inspired by the teaching methodologies of Steiner and joined as a KG teacher 8 years ago. Ever since, there was no looking back. She has inspired hundreds of young parents in the practical Art of Parenting through creating the right environment for their children, setting nurturing rhythms and meeting challenging behavior. She is a strong proponent of

slow parenting, a passionate story teller and a voracious Steiner reader. She currently trains and mentors teachers from newer kindergartens.

www.kingdomofchildhood.com;

DR. WAHIDA MURTHY



MBBS; DLO; She is a family physician and a consultant of Integrated medicine with special interest in Infertility and Artistic Therapies, This Founder Director of of Murthy Health and Research centre in Koramangala is also a biography counselor. She met Anthroposophy about 12 years ago. That’s when she saw that her passionate artistic capacities could be used as a therapy for healing. She is currently the India Co-ordinator for Anthroposophic Art Therapy Training and has made significant contributions in organizing the IPMT

– International Post Medical Training in various Indian cities.

KANIKA AL DIGES



She was born in India in a large family of 13 siblings and a house full of pets, a large garden and freedom to roam the neighborhood. Naturally play was the staple diet as 13 would be far too many to fuss over. So they played. When she encountered Steiner education and the ethos of play as the curriculum in early childhood, she was drawn immediately to take the one year course followed by many others. The Steiner Teacher's Training course not only refined her as a teacher but opened the floodgates of personal inner development as well. A staunch believer in Imitation as a tool of early childhood learning, she strives to be a role model worthy of imitation and by her own words, "It continues to be the most rewarding and fulfilling learning journey". After a rich experience of teaching and training at Waldorf KGs in Sidney, Australia, she currently spends time helping Indian KGs to set up their environments, mobilise resources and toys. One cannot but mention that she is a writer, poet and digital artist too.

DR.SRIDHAR REDDY



Dr.Sridhar Reddy completed his graduation in Physio-therapy specializing in Neurology from Dr.MGR Medical University. He met Anthroposophy out of his own inner search. He is the first certified Anthroposophic physiotherapist in India certified by the medical section of the Goetheanum, Switzerland. He also did his 3 year training in Rhythmical massage from Bad Boll, Germany. He has been successfully integrating mainstream practice with Anthroposophy for the last 13 years. The hundreds of patients that he has treated and the external therapies executed for innumerable children with curative needs speak of his contributions to the world of Anthroposophy and healing.

PAYMENT INFORMATION

Payment can be made through cheques or online transfer

For NEFT & RTGS transfers:

Beneficiary Name: Heart and Soul Foundation

Beneficiary Account No.: 0163351000001137

Account type: Savings Account

Bank: The Lakshmi Vilas Bank, Jayanagar, Bangalore

IFSC Code: LAVB0000163

Dates & Attendance Marker

Block 1

- 04.08.2018
- 11.08.2018
- 18.08.2018
- 01.09.2018
- 08.09.2018

Block 2

- 22.09.2018
- 29.09.2018
- 20.10.2018
- 27.10.2018

Block 3

- 09.10.2018
- 10.10.2018
- 11.10.2018
- 12.10.2018
- 13.10.2018

Block 4

- 17.11.2018
- 24.11.2018
- 01.12.2018
- 08.12.2018

Block 5

- 21.12.2018
- 22.12.2018
- 23.12.2018

Block 6.

- 06.04.2019
- 07.04.2019
- 08.04.2019
- 09.04.2019
- 10.04.2019
- 15.04.2019
written exam

Contact:

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HEART & SOUL FOUNDATION

Punarvasan

A free school for special children

Kingdom of Childhood

A Waldorf KG and Grade School

Kalpataru

A Steiner Curative School

Aalayam

A future Steiner Camphill community